Foundations of Family Therapy 1
Online study unit

This online study unit is a core unit of the Graduate Diploma of Family Therapy but may also be undertaken as a standalone unit for professional development.

This unit examines the history of family therapy, early models and techniques and the major ideas that have influenced the development of family therapy to the current day.

There is a focus on the application of theory to practice covering the major models of family therapy, including the Milan framework, narrative and solution focused approaches.

This unit comprises web forums, distance education and workshops. The unit is a core unit of the Graduate Diploma of Family Therapy program but can be undertaken as a standalone unit for those who wish to develop a solid understanding of the principles underlying family theory and practice.

Attendance at a 4-day study block at NSWIOP in Parramatta is required for successful completion of the unit.

Complete this unit as a **standalone unit** of study for continuing professional development [CPD]

OR

Complete this unit as part of the accredited degree program: **Graduate Diploma of Family Therapy**

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