Facilitating Recovery
Online study unit

Unit Code: GCA004

Dates: Semester 1 2014
Unit commences: 17 Feb 2014
Unit ends: 13 Jun 2014
Format: Online
Early Bird Closing Date: 17 Jan 2014
Early Bird: $1575 per unit
Full Fee: $1920 per unit
Coordinators: Kath Thorburn
and Sandy Watson
Registrations: Amanda Kiellor
Email: Amanda.Kiellor@nswiop.nsw.edu.au

Registrations: To register for this unit, please complete the 2014 Course Application Form (on our website or ask us to send you one) and return the completed form with your payment details to the Registrations person.

This online study unit is a core unit of the Graduate Certificate in Mental Health (Adult) but may also be undertaken as a standalone unit for professional development.

The unit is designed to introduce participants to the concept of recovery as an underpinning philosophy of mental health practice.

The unit aims to provide students with an appreciation of the diversity of personal recovery experiences and to determine the characteristics of mental health practice that recognise, support and promote people's self-directed recovery from mental illness.

The historical context of recovery and the development of the consumer movement will be examined as well as the role of the family in recovery-oriented practice.

The unit provides students with the opportunities to critically reflect on personal and systemic mental health practice from a recovery orientation and identify resources and strategies for their ongoing role in supporting the recovery process.

NSW Institute of Psychiatry
Locked Bag 7118
Parramatta BC NSW 2124
Tel: 02 9840 3833
Fax: 02 9840 3838
ABN: 80 751 069 784

Complete this unit as a standalone unit of study for continuing professional development CPD
OR
Complete this unit as part of the accredited degree program: Graduate Certificate in Mental Health (Adult)

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