Foundations of Mental Health Assessment, Formulation & Management Planning in General Practice

**2-day workshop for General Practitioners**

**This workshop is suitable for:**
GPs seeking accreditation for Mental Health Skills Training (MHST).

**Accreditation:**
40 RACGP QI&CPD Category 1 points.

**About the workshop:**
This 2 day (12 hour) skills-based workshop aims to enable General Practitioners to develop the practical skills needed to undertake mental health assessments in general practice.

Using highly interactive learning techniques, GPs will learn the skills needed to identify and assess common mental health disorders. Learning techniques will focus on clinical scenarios with experiential role-plays supplementing the theoretical and clinical teaching provided by expert workshop presenters including GPs, Carers, Consumers and Psychiatrists.

The workshop will assist GPs to develop key interviewing skills needed for the preparation of a sound mental health assessment. This assessment will be based on learning and applying tools such as the Mental State Examination. GPs will identify how to use the theory of the biopsychosocial framework to create a competent formulation as the basis for the development of a treatment plan with Consumers and their Carers in a general practice setting.

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**Workshop Code:** CPD059

**Dates:** Sat 8 Mar – Sun 9 Mar 2014

**Time:** 9.00am-5.00pm

**Full fee:** $670  **Early Bird:** $550
(Early Bird – pay by 14 Feb 2014)

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**Directions:** www.nswiop.nsw.edu.au

The New South Wales Institute of Psychiatry
Registrations
To register for this workshop, please complete the 2014 Workshop Application Form (can be downloaded from our website at www.nswiop.nsw.edu.au or ask us to send you one) and return the completed form with your payment details to the Enquiries person.

Workshop prerequisites:
GPs enrolling in this workshop will need to complete predisposing and post workshop activities.

Learning objectives:
On completion of this Mental Health Skills Training activity, GPs will be able to:

- Competently interview and gather a comprehensive case history from a consumer presenting with a mental health problem and their carers
- Identify and use the components of a Mental State Examination
- Conduct a risk assessment, identifying the essential pieces of information which might suggest a consumer could be a danger to themselves or others
- Competently use the theory of the biopsychosocial framework to develop a formulation
- Use a formulation to develop a management plan for a consumer in conjunction with their carers.