The New South Wales Institute of Psychiatry

Postgraduate Programs in Psychiatry 2016
At the New South Wales Institute of Psychiatry, we believe that:

“Recovery is probably the most important new direction for mental health services. It represents the convergence of a number of ideas (empowerment, self-management, disability rights, social inclusion and rehabilitation) under a single heading that signals a new direction for mental health services which is supported by service users, authoritative professional bodies, mental health policy and key leaders in mental health around the world.”


The NSW Institute of Psychiatry (NSWIOP) has been a community of learning for doctors since 1964.

We look forward to you joining us in 2016 as you pursue your studies to become a psychiatrist.

“Psychiatry requires both art and science. We aim to teach the science and support each student to develop their own art: a lifelong journey of shaping their own style of evidence-based practice”

- Dr Roderick McKay, Director of Psychiatry and Mental Health Programs, The NSW Institute of Psychiatry, August 2015

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Psychiatry is about people in communities

Psychiatry is a medical discipline founded on a growing body of scientific and social knowledge about the brain, body and people in communities. Those who undertake postgraduate studies in psychiatry at the NSWIOP will learn about current evidence from the neurosciences whilst immersed in a community of learning. We will ensure that we know you and your needs and that you know the people teaching you. We will ensure that your studies help you focus on people who have mental illness and their communities as well as how your skills and knowledge assist in recovery.

50 years of psychiatrists training psychiatrists in an interdisciplinary environment

The NSWIOP has been a specialist provider of psychiatry training and recently celebrated 50 years of mental health training and education. We proudly offer education and training to many health disciplines including those engaged in mental health within the community. Students will work with a wide range of clinicians in a variety of settings. Whilst progressively increasing the focus on the interdisciplinary practice and training required for modern psychiatric practice, the majority of our education programs for psychiatrists continue to be provided by psychiatrists.

Why choose the NSW Institute of Psychiatry?

“The art of psychiatry warrants our attention more than ever before when it is juxtaposed alongside the rapid strides we have made in advancing the profession’s scientific basis”

Block (2005)

Medical education programs in a friendly environment that are closer than you think

As a student at NSWIOP, you can look forward to education in a specialised environment where staff members will welcome and assist you on your pathway in psychiatry education. Both the Master of Psychiatry and Postgraduate Course in Psychiatry are offered as approved Formal Education Courses (FECs), currently accredited with the Royal Australian and New Zealand College of Psychiatrists (RANZCP). The Masters of Psychiatry is additionally accredited by the Tertiary Education Quality Standards Agency (TEQSA).

The NSWIOP is located within the historic North Parramatta precinct, where mental health related services have been located for over 160 years. Within the historic sandstone buildings you will find newly refurbished tutorial rooms and lecture halls as well as the latest in distance education support technologies. There is also a tea room and on-site parking.

Within a short distance of the M2, M4 and M7, as well as Parramatta station and buses, the NSWIOP is centrally situated within the Greater Sydney region.
Excellence in distance education

Whilst face to face attendance is strongly preferred we recognise that this is not always feasible. A key component of our distance education delivery is web conferencing that allows students to participate in lectures, workshops, supervision or meetings even if they are not on the NSWIO premises.

Offering ongoing opportunities for training in psychiatry

As well as being a Higher Education Provider we also support advanced training in psychiatry:

Leadership and management

The NSWIOP hosts the Leadership and Management module for Advanced Trainees in Psychiatry which covers the basic competencies necessary for leadership positions in mental health. This module is self-paced and is accredited with the RANZCP for this mandatory training experience.

Child, Adolescent and Family Psychiatry

The Child, Adolescent and Family Psychiatry Course (CAFP) is accredited with the RANZCP for Advanced Trainees and is also suitable for psychiatrists and paediatricians. This training program runs over two years and is coordinated by a Director of Advanced Training here at the NSWIOP.

Fellowships program

The NSWIOP Fellowships offers psychiatry trainees the opportunity to undertake specialised training in areas that provide a rich clinical experience not generally available within psychiatry training. Mental Health Research Fellowships are also offered and are open to both medical practitioners and others interested in undertaking specialised mental health research. The Special Training, Child, Adolescent and Family Psychiatry, Intellectual Disability and Mental Health, and Mental Health Research Fellowships are competitive and are awarded annually.

Further information on Fellowships can be accessed on our website: www.nswiop.nsw.edu.au

I found the academic and support staff at the NSWIOP to be extremely helpful. They have not only been supportive of my work needs – they have consistently been flexible in their approach towards student requirements.

NSWIOP was adaptive enough to allow me to work around my personal and professional schedules. The staff went out of their way to put a human touch to my postgraduate mental health education.

Dr Clare Chapman, Masters of Psychiatry graduate and Training Fellow in Psychiatric Research
Overview

The Postgraduate Course in Psychiatry and Master of Psychiatry are designed for basic trainees in psychiatry as an FEC to meet the requirements of the RANZCP Training Program.

Students can undertake either program. However, Masters students are required to complete all coursework assessment requirements and the research experience component for the Masters program.

Postgraduate Course in Psychiatry (PCP)

The Postgraduate Course in Psychiatry is designed for basic trainees in psychiatry as a Formal Education Course to meet the requirements of the RANZCP Training Program. Whilst including education regarding research methods and supporting planning of the scholarly projects, it does not include completing research as part of a TEQSA-accredited Masters degree.

Formative assessments are available for students to assist progression through RANZCP Fellowship associated tasks. Students completing the course will receive a certificate of completion for satisfactory attendance and participation in course activities.

Master of Psychiatry (MPSY)

The Master of Psychiatry is designed for basic trainees in psychiatry seeking to complete an FEC to meet the requirements of the RANZCP Training Program as well as fulfilling the requirements of a Masters level postgraduate qualification in psychiatry. This program is accredited with the TEQSA and includes a research component undertaken in collaboration with mental health researchers, educators and clinicians.

Course outcomes

Graduates of the Postgraduate Course in Psychiatry will:

• acquire the knowledge, skills and attitudes necessary to complete Basic Training within the RANZCP Competency-Based Fellowship Program
• demonstrate the relevant competencies at the level required to commence advanced training in psychiatry in the seven key CanMeds roles of Medical Expert, Communicator, Collaborator, Health Advocate, Manager, Scholar and Professional
• be able to apply the CanMeds competencies to support individuals directly, and through partnerships, in their clinical and personal recovery.

In addition to achieving the course outcomes for the Postgraduate Course in Psychiatry, graduates of the Masters in Psychiatry will additionally have:

• specialised knowledge and skills in initiating, planning, undertaking and reporting on research within mental health settings.

Entry requirements

Requirements for entry to both programs are:

• registration as a medical practitioner in Australia or New Zealand, and
• employment in a recognised training position with the RANZCP training program
• non-accredited registrars in psychiatry may enrol in the courses with a letter of support from their local Director of Training to state that they are working in a suitable clinical position with supervision.

2016 Course Fees

<table>
<thead>
<tr>
<th>Program</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Master of Psychiatry</td>
<td>$6,660 per year</td>
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<tr>
<td>Postgraduate Course in Psychiatry</td>
<td>$5,380 per year</td>
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Student pathways

Students progress through core units of study over a three year period, completing six semesters of study. Satisfactory completion of units of study through coursework will allow students to complete the Masters within three years.

Master of Psychiatry students have six years from the date of enrolment to complete their studies, including the research project undertaken as part of their Year Three studies.

Attendance

All units of study are compulsory and students must satisfactorily complete each year of study in order to progress to the next year of study.

All students, both Postgraduate Course in Psychiatry and Masters of Psychiatry students must attend at least 75% of the lecture and tutorial program in order to conform to RANZCP FEC requirements.

Midyear entry into the programs

New students seeking mid-year entry into the Master of Psychiatry and Postgraduate Course in Psychiatry programs will be permitted to enrol. However, if a student commenced the course mid-year in Year One, they will have to complete the requirements for that year prior to commencing Year Two.

Entry from other Masters programs

The NSWIOP welcomes applications from students wishing to enrol in our program. Students seeking to transfer into the Master of Psychiatry from other Masters level programs will need to submit an application for advanced standing with their application and provide academic transcripts, according to the NSWIOP policy on recognition of prior learning and advanced standing available on the website.

Entry from other FECs

Students currently undertaking studies in psychiatry through other training FEC programs are welcome to enter the Postgraduate Program in Psychiatry at any stage.

Transferring students will need to provide evidence of completion of studies within their current FEC program.
Lectures, tutorials and workshops

These are all held on site at the NSWIOP, Cumberland Hospital, North Parramatta. Some tutorials may be held in other locations within the Sydney region.

Program staff

To give you direction and support, you will also have access to a dedicated team of education support staff at NSWIOP. They and you, are, in turn, provided corporate and administrative support by other staff at NSWIOP.

Everyone at NSWIOP – from the Executive Director to the hard working IT, Finance, academics and administration teams – work together seamlessly to support you in your studies.

Student requirements

NSWIOP requires all students to have a computer, access to the internet and a current email address.

Technical Requirements

A personal computer (preferably less than three years old) with:

- access to the internet
- a modern web browser
- ability to save documents in Microsoft Office format
- audio / video playback capabilities
- a web cam and microphone (required in some courses)

Course structure

<table>
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<tr>
<th>Postgraduate Course in Psychiatry / Master of Psychiatry</th>
<th>Credit Points</th>
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<tbody>
<tr>
<td><strong>Year 1</strong></td>
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<tr>
<td>Semester 1</td>
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<tr>
<td>Introduction to Psychopathology</td>
<td>6</td>
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<tr>
<td>Introduction to Psychiatric Practice</td>
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<tr>
<td>Semester 2</td>
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<tr>
<td>Psychological Interventions and Personality</td>
<td>8</td>
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<tr>
<td>Research Methods and Introduction to Neurosciences</td>
<td>4</td>
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<tr>
<td><strong>Year 2</strong></td>
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<tr>
<td>Semester 1</td>
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<tr>
<td>Psychiatry and Medicine</td>
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<tr>
<td>Psychiatry of Old Age</td>
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<tr>
<td>Semester 2</td>
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<td>Developmental Psychiatry, Family Therapy, and Eating Disorders</td>
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<td>Social, Cultural and Indigenous Psychiatry</td>
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<tr>
<td><strong>Year 3</strong></td>
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<td>Semester 1</td>
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<td>Addiction and Forensic Psychiatry</td>
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<tr>
<td>Research, Exam Focus and Management *</td>
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<tr>
<td>Semester 2</td>
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<td>Advanced Psychotherapy</td>
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<td>Advanced Psychiatric Practice *</td>
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*Research Project in Psychiatry

Students are required to complete a supervised original research project. This is the assessable component for two units of study. See PMV010 and PMV012 for more details.
We are looking forward to the commencement of the 2017 academic year when the NSWIOP will be a Mental Health portfolio of the NSW Health Education and Training Institute (HETI).

NSWIOP students will continue to receive higher education and training from NSWIOP. However, moving to HETI as the higher education provider will facilitate better use of technology; enhanced subject matter expertise; and more innovative, contemporary teaching methodologies to deliver training and education.

The Masters of Psychiatry and Postgraduate Course in Psychiatry will continue to be delivered primarily through face to face sessions at the current North Parramatta campus, with web based video participation for distance participants.

In consultation with students and the RANZCP, the structure, content and delivery of these courses will be reviewed with the aim to better support students in becoming psychiatrists who can improve the mental health and wellbeing of people in NSW and beyond; and for HETI to fulfil its potential to be a leading integrated provider of health higher education and training in Australia. The revised courses will have clear pathways for continuation of study for NSWIOP students.

The experience and needs of students will be the main consideration in all decisions made during NSWIOP’s transition to HETI.

If you have any questions regarding this transition, please check the information on our website; or contact Dr Roderick McKay (roderick.mckay@nswiop.nsw.edu.au) if the NSWIOP website does not address your concerns.
Dr Roderick McKay  
NSWIOP Director of Psychiatry and Mental Health Programs

Dr McKay takes great pride in being a former recipient of training from the NSWIOP. When asked about his vision for NSWIOP Psychiatry and Mental Health Programs he replied, “I shall endeavor to ensure that, as programs evolve to meet future needs, the personal touch this specialist organisation brought to my training, as well as contact with a breadth of experts, continues for each person who joins our programs.” With an office near NSWIOP’s lecture theatre and tutorial rooms, Rod believes that being available to students is a key part of achieving this vision.

Rod is a highly respected senior staff specialist who maintains active participation in RANZCP and academic life. He has been involved in the development of a number of educational resources including the Behavioural and Psychological Symptoms of Dementia (BPSD) Handbook and RANZCP Routine Outcome Measurement training. He continues to publish and review articles, as well as present at national and international conferences.

Rod chairs of the RANZCP Community Collaboration Committee, the National Mental Health Information Development Expert Advisory Panel, and is a graduate of the National Mental Health Commissions inaugural Future Leaders Initiative for people with lived experience of mental illness. He is also a conjoint senior lecturer with the University of NSW and a past bi-national Chair of the Faculty of Psychiatry of Old Age and former member of the RANZCP General Council.

Prior to moving the NSWIOP, Rod worked in both clinical and clinical management roles related to mental health care of older people in South Western Sydney for many years. He also has a role as Clinical Advisor to the NSW Older People’s Mental Health Policy Unit. He is passionate about supporting registrars to become evidence-based psychiatrists who bring a human touch to psychiatry, wherever they choose to practice, and in whatever role.

“Psychiatry requires both art and science. We aim to teach the science and support each student to develop their own art: a lifelong journey of shaping their own style of evidence-based practice”.

- Dr Roderick McKay, Director of Psychiatry and Mental Health Programs
Master of Psychiatry: Units of Study

Postgraduate Course in Psychiatry:
Students have to follow the same order of progression for Masters, with participation in the equivalent PCP units of study
Overview

This unit of study introduces students to the most common conditions seen by new registrars: the mood disorders, schizophrenia and anxiety disorders, with presentation and discussion of the relevant diagnostic frameworks and biopsychosocial treatments available.

Students are introduced to the application of a biopsychosocial framework to develop core clinical skills in assessment and psychiatric history taking, Mental State Examination (MSE) and diagnostic formulation. Following this, students will be introduced to psychiatric management planning, incorporating biological, pharmacological and psychosocial approaches.

Learning Outcomes

At the end of this unit of study students will be able to:

• conduct an organised psychiatric assessment with a focus on:
  ◦ History taking
  ◦ Psychiatric interview skills
  ◦ Risk assessment
  ◦ Phenomenology
  ◦ MSE with relevant physical and cognitive examination
  ◦ Obtaining collateral history from other sources

• accurately construct a differential diagnosis for common presenting problems, using a diagnostic system (DSM, ICD)

• identify and summarise relevant biological, psychological, cultural and social contributors to the patient illness and recovery

• construct and implement safe management plans under supervision using recognised biological (ECT and psychopharmacology) and psychosocial approaches, with reference to relevant treatment guidelines

• demonstrate comprehensive and legible case record documentation, under supervision

Unit Information

| Credit Points:       | 6 |
| Coordinator:         | Dr Amanda Rosso Buckton |
| Session:             | Semester One |
| Classes:             | Lecture and workshop format, Tuesdays 2pm - 5pm |
| Corequisite:         | PMV002 |
| Assessment:          | Essay (100%) |
| Delivery mode:       | Lectures, including video conferencing |
Introduction to Psychiatric Practice
(PMV002)

Overview
As new practitioners in psychiatry, students commence this unit with a full day Orientation to Psychiatry workshop. This introduces key perspectives, theories, and practices in psychiatry including the recovery paradigm, clinical supervision, the Mental Health Act, Electroconvulsive Therapy (ECT) and management of psychiatric emergencies.

Students will begin to situate their theoretical knowledge within a historical and ethical context to develop clinical skills to work within today’s culturally diverse communities. Students will be introduced to social psychiatry, gaining an understanding of the social dimensions of mental health including working with families, consumers and carers within the community as well as non-government and civil organisations.

This unit introduces critical appraisal and exam preparation skills, together with classification systems in psychiatry.

Learning Outcomes
At the end of this unit of study students will be able to:
• discuss the advantages and limitations of current classificatory systems in psychiatry (including DSM and ICD), and know the basic terminology related to disease classification
• undertake the assessment and initial management of psychiatric emergencies, with due regard for safety and risk, under supervision
• describe the principles and practical application of the mental health legislation and informed consent, and able to work appropriately with the relevant mental health legislation
• recognise and incorporate the needs of culturally and linguistically diverse populations, including the use of interpreters and culturally appropriate health workers
• identify key sociocultural issues relevant to the psychiatric assessment.
• demonstrate an ability to work collaboratively and respectfully with consumer and carer representatives, other health professionals and other agencies to improve patient outcomes
• critically evaluate academic material
• identify the principles of reflection, and use supervision to engage in reflection on clinical activities
• assess the impact of psychiatric disorders on families and carers, and the needs of families with a relative affected by mental illness, including family psycho-education, issues pertaining to confidentiality, family grief, culture, and violence
• describe the principles of personal recovery, and apply these to clinical practice in the Australian context.
• adhere to professional and ethical standards of practice, in accordance with the RANZCP Code of Conduct and Code of Ethics, and local regulatory bodies

Unit Information

| Credit Points: | 6 |
| Coordinator:   | Dr Amanda Rosso Buckton |
| Session:       | Semester One |
| Classes:       | Lecture and workshop format, Tuesdays 2pm – 5pm |
| Corequisite:   | PMV001 |
| Assessment:    | Essays x 2 (100%) |
| Delivery mode: | Lectures, including video conferencing |
Overview

In this unit of study, students cover theories of normal development before beginning to explore a range of psychodynamic concepts that form the basis of understandings of personality theory and the self. Students explore trauma as a theory of causation of psychiatric disorder, and trauma-informed models of therapeutic intervention and care.

Personality disorders are explored through psychodynamic understandings and students begin to develop skills in therapeutic interventions specifically designed for working with people with personality disorders in clinical settings.

Within this unit of study, students will complete two workshops covering attachment theory, and cognitive behavioural strategies skills training.

Learning Outcomes

At the end of this unit of study students will be able to:

- use effective and empathic verbal and non-verbal communication skills in all clinical encounters with the patient, their families and carers.
- recognise challenging communications, including conflict with patients, families and colleagues, and discuss management strategies in supervision to promote positive outcomes
- develop therapeutic relationships with patients, carers and relevant others
- describe theories of normal personality development and attachment
- explain the theoretical background and core principles of the major schools of psychotherapy, including supportive psychotherapy, psychodynamic psychotherapy, cognitive and behavioural therapy, interpersonal psychotherapy, couples and group therapy.
- describe the aetiology, classification, diagnostic criteria and treatment of Personality Disorders
- apply the principles of personality assessment in clinical practice

Unit Information

| Credit Points: | 8 |
| Coordinator: | Dr Amanda Rosso Buckton |
| Session: | Semester Two |
| Classes: | Lecture and workshop format, Tuesdays 2pm - 5pm |
| Assessment: | Case History (100%) |
| Delivery mode: | Lectures, including video conferencing |
Overview

This unit provides foundational knowledge and skills relevant to lifelong maintenance of professional knowledge, psychiatric research and the biological underpinnings of mental illness. Students are introduced to the critical appraisal skills necessary to critique and evaluate the burgeoning medical and grey literature (where applicable) in order to maintain ongoing evidence-based practice.

Students will also be introduced to the scientific foundations of research, including qualitative and quantitative approaches to research, and ethics committee processes.

Students will also study the techniques used to understand biological bases of mental illness, in research and clinical practice: epidemiology, genetics neuroanatomy, neuroimaging, neurophysiology and neurochemistry.

Learning Outcomes

At the end of this unit of study students will be able to:

• critically evaluate academic material
• describe research approaches, such as study design, methodology, and conducting literature reviews
• develop basic principles of evidence-based mental health including literature searching and evaluating material on the Internet.
• describe the neuro-anatomy of the human brain, and the principles of neural transmission and networks
• interpret clinical and research data from neuroimaging technologies including CT, MRI, EEG, SPECT and PET
• adhere to professional and ethical standards of practice, in accordance with the RANZCP Code of Ethics, and local regulatory bodies
• describe principles of teaching and learning
• describe health inequalities and disparities in relation to clinical setting
• demonstrate the application of epidemiology to clinical practice. With supervision critically reviews epidemiological data to judge how this influences interventions in service provision and at a societal level

Unit Information

| Credit Points: | 4 |
| Coordinator:   | Dr Amanda Rosso Buckton |
| Session:       | Semester Two |
| Classes:       | Lecture and workshop format, Tuesdays 2pm - 5pm |
| Assessment:    | Essay (100%) |
| Delivery mode: | Lectures, including video conferencing |
Overview

In this unit of study, students will develop an understanding of the relationship between physical health and mental disorders as they develop knowledge and skills in responding to and managing illness and injury within psychiatric contexts.

Helping patients to manage their physical health is seen by the RANZCP as a core part of being a psychiatrist. Many people with mental illness have very poor physical health outcomes, and many of the medications they consume can have serious effects on physical health. It is expected psychiatrists move beyond ‘screening’ for physical illness to assist, to ‘intervene’.

Within the unit, students will be given important endocrine, cardiac and metabolic updates. Consultation-Liaison psychiatry will be explored, along with responses to illness, injury and the management of psychiatric disorders in medical settings.

Students will also be introduced to developmental theories, developmental disability and organicity.

Learning Outcomes

At the end of this unit of study students will be able to:

• recognise and apply theories of group participation in multidisciplinary and multi-agencies settings specific to the consultation-liaison setting
• provide effective consultation to other health professionals and agencies around individual patient care or broader systemic issues affecting the wellbeing of populations
• engage with individual patient and multiple systems with supervision to positively influence outcomes.
• assess and manage complex psychiatric problems in medically ill patients in general hospitals, including psychosocial and pharmacological modalities.
• discuss the issues of competency, informed consent, duty of care and local mental health law as they apply to medically-ill patients in the general hospital, particularly those refusing treatment.
• work collaboratively and provide psychoeducation to health care professionals delivering care in a general medical setting; including doctors, nursing, and allied health staff.

Unit Information

| Credit Points: | 6 |
| Coordinator:   | Dr Amanda Rosso Buckton |
| Session:       | Semester One |
| Classes:       | Lecture, tutorial and workshop format, Wednesdays 2pm - 5pm |
| Prerequisites: | PMV001, PMV002, PMV003 and PMV004 |
| Assessment:    | Essay (100%) |
| Delivery mode: | Lectures, including video conferencing |
Overview

This unit of study extends and applies the knowledge skills and attitudes of PMV001 - PMV005 through application to assessment and management in old age psychiatry. Students will explore specific conditions including affective disorders, psychoses and dementia within old age psychiatry. They will extend their skills into areas such as advocacy, neuropsychiatric assessment, assessment and management of challenging behaviours in old age and adaptation of communication skills for older people. Students will also explore suicide in older people and the legal aspects of older age.

Development of communication and critical appraisal skills occurs through all students undertaking a presentation of 1-2 topics pertaining to old age psychiatry within tutorial groups.

Learning Outcomes

At the end of this unit of study students will be able to:

- conduct a comprehensive psychiatric assessment in an elderly patient, with an emphasis on development of advanced interviewing skills
- use a detailed understanding of the diagnostic system to provide a justification for diagnosis and differential diagnosis, in an elderly patient.
- generate a broad formulation incorporating relevant theoretical constructs to inform a management plan, and apply these to the elderly patient.
- construct and implement tailored management plans, with supervision using evidence based biological and psychosocial approaches, with expertise on the development of skills in psychopharmacology in elderly patients.
- undertake designated tasks under the legislation applicable to old age patients, including Guardianship, Testamentary capacity and Advance Directives, under supervision.
- adapt verbal and non-verbal communication to suit the professional setting of working with elderly patients
- advocate for mental health within aged care settings in the broader community, including hospitals, in-home care, and residential aged care facilities.
- apply principles of teaching and learning during tutorial presentations

Unit Information

| Credit Points: | 6 |
| Coordinator: | Dr Amanda Rosso Buckton |
| Session: | Semester One |
| Classes: | Lecture, tutorial and workshop format, Wednesdays 2pm - 5pm |
| Prerequisite: | PMV001, PMV002, PMV003 and PMV004 |
| Assessment: | Tutorial presentations and case history (100%) |
| Delivery mode: | Lectures and tutorials including video conferencing |
Developmental Psychiatry, Family Therapy and Eating Disorders
(PMV007)

Overview

In this unit of study students will cover the early parts of the developmental spectrum. Knowledge and skills will be developed in addressing disorders of childhood and adolescence. Working with children, adolescents and their families present specific challenges and students will be equipped with assessment and management techniques to meet these needs. Topics covered include normal development, the developing brain, early psychoses, autism spectrum disorder, ADHD and eating disorders. The tutorial program allows all students to participate in small group learning and teaching with peers and a facilitator.

Learning Outcomes

At the end of this unit of study students will be able to:

• conduct a comprehensive, culturally appropriate psychiatric assessment with a child, adolescent and their family including relevant physical examination
• demonstrate the ability to formulate an integrated understanding of the factors contributing to the child, adolescent and family’s presentation
• develop a feasible, comprehensive and highly relevant management plan for common child and adolescent psychiatric problems
• critically evaluate and integrate medical, developmental, psychological and sociological information, including the developmental effects of child abuse
• demonstrate knowledge of the epidemiology of intellectual disability mental health and the causes of intellectual disability, including an understanding of taxonomy
• apply mental health and related legislation in the care of children, adolescents and their families
• critically apply specific knowledge of the principles and processes of mental health promotion, early intervention, and illness prevention relevant to infancy, childhood and adolescence
• demonstrate the ability to formulate an integrated understanding of the physical, psychological, behavioural and interpersonal disturbances associated with eating disorders
• develop a comprehensive, evidence-based management plan for eating disorders

Unit Information

| Credit Points: | 8 |
| Coordinator: | Dr Amanda Rosso Buckton |
| Session: | Semester Two |
| Classes: | Lecture and tutorial format, Wednesdays 2pm - 5pm |
| Prerequisite: | PMV001, PMV002, PMV003 and PMV004 |
| Assessment: | Tutorial presentation (formative assessment) and case history (100%) |
| Delivery mode: | Lectures and tutorials including video conferencing |
Overview

Within this unit of study, students will learn about the importance of culture and how to identify and address the specific needs of Aboriginal and Torres Strait Islander peoples. In developing an understanding of the importance of culture, students will also address the needs of consumers, families and carers within culturally and linguistically diverse communities.

As students become familiar with the approaches of transcultural psychiatry, culturally specific idioms of distress are explored as well as the emerging mental health needs of asylum seekers and conflict-affected populations.

Public health and psychiatry will further explore broader perspectives and understandings of psychiatry and students will learn about working in rural communities.

Learning Outcomes

At the end of this unit of study students will be able to:

• appropriately adapt assessment and management to the needs of culturally and linguistically diverse populations
• describe health inequalities and disparities in relation to broader health issues, focusing on the Australian context, to mobilise additional resources when needed
• identify the impact of the cultural beliefs and stigma of mental illness on the patient, families and carers
• describe the principles of prevention, promotion, early intervention and recovery, and apply these to clinical practice in the Australian context.
• advocate for mental health within clinical settings and the broader community

Unit Information

| Credit Points: | 4 |
| Coordinator: | Dr Amanda Rosso Buckton |
| Session: | Semester Two |
| Classes: | Lecture and workshop format, Wednesdays 2pm - 5pm |
| Prerequisite: | PMV001, PMV002, PMV003 and PMV004 |
| Assessment: | Essay (100%) |
| Delivery mode: | Lectures, including video conferencing |
Overview

This unit introduces the substance use and addictive disorders, together with key aspects of forensic psychiatry. Within this learning context students are introduced to the effects of family violence and to the challenges of working with people labelled as sex offenders.

Students will learn about the neuropharmacological underpinnings of disorders, develop new skills in assessment and intervention, improve their understanding of the relationship between mental illness, substance abuse and violence, as well as the application of forensic legislation to people with mental illness. They will also be challenged to consider how personal recovery can be supported for people in the presence of marked stigma.

Students will also have the opportunity to learn from the practice and research experiences of current Fellowship recipients at the NSWIOP.

Learning Outcomes

At the end of this unit of study students will be able to:

• conduct a comprehensive psychiatric assessment on a patient with substance abuse or forensic history, with an emphasis on development of advanced interviewing skills
• use a detailed understanding of the diagnostic system to provide a justification for diagnosis and differential diagnosis, and apply these to patients with substance abuse or forensic history.
• generate a broad formulation incorporating relevant theoretical constructs to inform a management plan, and apply these to patients with substance abuse or forensic history.
• construct and implement tailored management plans, with supervision, using evidence based biological and psychosocial approaches, with expertise on the development of skills in psychopharmacology
• describe the pharmacology of the common drugs of abuse and dependence, the epidemiology and aetiology, physical and psychological sequelae and treatment interventions for substance abuse and dependence
• describe the principles of personal recovery, and apply these to clinical practice in the Australian context

Unit Information

<table>
<thead>
<tr>
<th>Credit Points:</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coordinator:</td>
<td>Dr Amanda Rosso Buckton</td>
</tr>
<tr>
<td>Session:</td>
<td>Semester One</td>
</tr>
<tr>
<td>Classes:</td>
<td>Lecture and workshop format, Thursdays 2pm - 5pm</td>
</tr>
<tr>
<td>Prerequisite:</td>
<td>PMV005, PMV006, PMV007 and PMV008</td>
</tr>
<tr>
<td>Assessment:</td>
<td>Case history (100%)</td>
</tr>
<tr>
<td>Delivery mode:</td>
<td>Lectures, including video conferencing</td>
</tr>
</tbody>
</table>
Overview

This unit focuses on students’ needs for more advanced critical thinking, formulation, communication, and research skills as they prepare for RANZCP examinations and entry to advanced training.

Masters students are required to commence preparation of their research activity while PCP students commence preparations for their RANZCP Scholarly Project.

Learning Outcomes

At the end of this unit of study students will be able to:

• demonstrate knowledge of research methodologies
• create a scholarly project through planning, data gathering, analysis, and presentation
• use effective verbal and non-verbal communication skills in a professional setting
• demonstrate principles of clinical governance and organisational structures that interact with mental health service provision
• describe the principles of quality improvement and demonstrate knowledge of the national and state policy frameworks for mental health services and the concepts of mental health service administration as well as how these apply to psychiatrists working in mental health services

Unit Information

| Credit Points: | 6 |
| Coordinator: | Dr Amanda Rosso Buckton |
| Session: | Semester One |
| Classes: | Lecture and workshop format, Thursdays 2pm - 5pm |
| Prerequisites: | PMV005, PMV006, PMV007 and PMV008 |
| Assessment: | Project presentation and thesis (100%) (See Research Activity PMV010 and PMV012) |
| Delivery mode: | Lectures, including video conferencing |
Overview

This unit provides an opportunity for students to increase their knowledge of the theoretical constructs and scientific underpinnings of therapies that they will continue to use through their careers.

The significant tutorial component is designed both to facilitate small group learning, and encourage students to explore these therapies.

Learning Outcomes

At the end of this unit of study students will be able to:

• conducts a comprehensive psychiatric assessment with an emphasis on psychodynamic understanding.
• generates a psychodynamic formulation incorporating relevant theoretical constructs to inform a management plan, and apply these to a case in which psychological methods are used.
• adapts verbal and non-verbal communication to suit a wider range of professional settings, both clinical and non-clinical
• apply principles of teaching and learning during tutorial presentations
• discuss the role of psychotherapy within the practice of psychiatry, including the interface with other professional groups.
• apply knowledge of the evidence base for psychotherapeutic treatments, in selecting a specific psychotherapeutic approach for an individual patient.
• discuss key principles and theoretical basis of a wide range of psychodynamic and structured psychotherapeutic modalities, including the neurobiological aspects of psychotherapy.
• adhere to professional and ethical standards of practice, in accordance with the RANZCP Code of Conduct and Code of Ethics, and local regulatory bodies
• identify pathways and legislation to report unprofessional behaviours or misconduct of colleagues, and act on these as appropriate, using supervision
• apply a systemic approach to working with families, including basic concepts and skills of family therapy

Unit Information

| Credit Points: | 6 |
| Coordinator:   | Dr Amanda Rosso Buckton |
| Session:       | Semester Two |
| Classes:       | Lecture and tutorial format, Thursdays 2pm - 5pm |
| Prerequisites: | PMV005, PMV006, PMV007 and PMV008 |
| Assessment:    | Case history (100%) |
| Delivery mode: | Lectures and tutorials, including video conferencing |
Overview

In this unit of study, students are supported and challenged to understand crucial aspects of psychiatric practice that require working closely with multidisciplinary colleagues and advanced critical thinking. Perinatal mental health, dissociative disorders, sleep disorders and pharmacotherapy of borderline personality disorders all require these attributes.

Doctors’ mental health and the psychiatrist’s role in managing physical comorbidity require application of all the CanMeds competencies. Two in-depth workshops provide invaluable skills in CBT for anxiety disorders.

Learning Outcomes

At the end of this unit of study students will be able to:

- create a scholarly project through planning, data gathering, analysis, and presentation
- use effective verbal and non-verbal communication skills in a professional setting.
- prioritise and synthesise information, and communicates this accurately and succinctly, in a variety of settings.
- generate a broad formulation incorporating relevant theoretical constructs to inform a management plan, and apply these to a variety of clinical settings and patients groups
- assess and manage clinical cases in which complex co-morbidities are present, such as patients with treatment-resistant illness, physical comorbidity, and psychiatric sequelae of severe trauma and perinatal disorders.
- develop and apply skills to effectively manage the balancing of personal and professional priorities
- apply principles of assessment and management in special populations such as impaired medical colleagues or individuals in special positions of power or privilege
Overview

Masters students will be supported as they initiate and complete a research activity. PCP students attending the Masters Students presentations will participate in research presentations completed by their peers stimulating students in the preparations they must make outside the course to fulfil the RANZCP Scholarly Project requirements.

Students are required to complete a supervised original project in psychiatry that is feasible within the time frame of one year part time. The project may be a small piece of experimental research that involves data gathering and analysis, a qualitative or descriptive study or a quality improvement project for a mental health service. Students can organise their own supervisor and topic, or be guided by potential supervisors and topics provided. In addition, education staff are available at the NSWIOP to provide advice throughout the year at workshops and in person.

Learning Outcomes

At the end of this unit of study students will be able to:

- describe the research process
- write a project proposal
- complete an ethics application, where applicable
- complete a literature review
- collect, analyse and present data and conclusions in a systematic and organised way
- write up a dissertation or article for publication
How to Apply

1. Seek Course Advice

If you would like more information or advice regarding this course, including the selection criteria, please refer to Course Information or contact your Course Coordinator on 02 9840 3833.

2. Submit an Application Form

Please complete Course Application Form on page 25.

Send your completed course application form to NSWIOP before the closing date (where vacancies exist, late applications may also be considered). New students are required to attach certified copies of transcripts to support their application.

Applications can be sent by email to the Education Support Officer or faxed or mailed directly (see the ‘Contact Us’ page for details).

3. Await Letter of Offer

The Course Coordinator will review your application. Successful applicants will be sent a Letter of Offer detailing payment due dates, venue and course requirements.

4. Accept your Position

Your position must be accepted in writing. Students are required to complete and return a signed Acceptance of Position form (sent with the Letter of Offer) to confirm your place. You will then be sent a Confirmation of Enrolment letter.

Students wishing to withdraw or defer after submitting an Acceptance of Position MUST notify NSWIOP in writing (using the Enrolment Variation form). Penalties apply where withdrawal/deferment occurs with less than five (5) working days’ notice prior to the commencement of the unit / workshop (refer to “Student Fee Policy” on page 27 or view our website for more information).

Enrolment Closing Dates

<table>
<thead>
<tr>
<th>Program</th>
<th>Semester One 2016</th>
<th>Semester Two 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Master of Psychiatry / Postgraduate Course Psychiatry</td>
<td>18 January 2016</td>
<td>4 July 2016</td>
</tr>
</tbody>
</table>

Do you have questions about your enrolment?

Please call to speak with an Education Support Officer or Course Coordinator on 02 9840 3833.
Course Application Form

Personal Information

<table>
<thead>
<tr>
<th>Title</th>
<th>Surname</th>
<th>Student No. (if known)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Given Names</th>
<th>Preferred Given Name</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Previous Surname</th>
<th>Date of birth</th>
<th>Gender</th>
<th>F</th>
<th>M</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Australian Citizen</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
</table>

If not an Australian citizen, what is your nationality?

International students may be required to demonstrate competency in written and spoken English.
In this instance, students must achieve an IELTS (Academic) overall band of 7.0 or better (with a score of no less than 6.0 in any band).

Please indicate if you are from an Aboriginal or Torres Strait Islander background: | Yes | No |

Addresses

Home Address

<table>
<thead>
<tr>
<th>Street Address</th>
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<table>
<thead>
<tr>
<th>Suburb</th>
<th>State</th>
<th>Postcode</th>
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</table>

Australia

Employer Address

<table>
<thead>
<tr>
<th>Employer / Organisation</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Street Address or PO Box</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>Suburb</th>
<th>State</th>
<th>Postcode</th>
</tr>
</thead>
</table>

Preferred Mail Address: | Home | Employer |

Contact Details

<table>
<thead>
<tr>
<th>Preferred Phone</th>
<th>Mobile Phone</th>
<th>Fax</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Home Email</th>
<th>Work Email</th>
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</thead>
</table>

Emergency Contact

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone No</th>
</tr>
</thead>
</table>

Indication of Support Needs

Do you have any support needs which the NSWIOP needs to be aware of? | Yes | No |

If yes, please indicate your specific needs:

Financial Information

<table>
<thead>
<tr>
<th>Course fees are being paid by:</th>
<th>Employer</th>
<th>Scholarship</th>
<th>Self</th>
<th>ABN</th>
</tr>
</thead>
</table>

If you would like to request an invoice in the name of an employer / organisation please provide the following information:

<table>
<thead>
<tr>
<th>Organisation / Employer Name</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Street Address or PO Box</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Suburb</th>
<th>State</th>
<th>Postcode</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>Contact Phone</th>
<th>Contact Fax</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Contact Email</th>
</tr>
</thead>
</table>

Applicants are asked to answer all questions where possible. Failure to answer some questions may result in a delay of the application being processed.
### Professional Information

Profession: (tick one)  
- Counsellor / Therapist  
- Nurse  
- Psychiatrist / Trainee  
- Occupational Therapist  
- Social Worker  
- Welfare Worker  
- Psychologist / Clin Psychologist  
- Medicine  
- General Practitioner: RACGP & CPD Ref No:  
- Other:  

Years of experience in designated profession  
- 0-2  
- 3-5  
- 6-9  
- 10+  

Current Job Description  

Current work setting (tick one)  
- Public  
- Private  
- Community  
- NGO  
- Voluntary  
- Other:  

### Qualifications

Highest Academic Qualification:  

#### Undergraduate

<table>
<thead>
<tr>
<th>Title of Degree</th>
<th>Institution</th>
<th>Year Conferred</th>
<th>Country</th>
</tr>
</thead>
</table>

| Postgraduate |
|----------------|-------------|----------------|---------|
| Title of Degree | Institution | Year Conferred | Country |

Note: New students please attach transcripts to support your application  

Current Studies:  

Studies previously completed at NSWIOP:  

### Course of Study

Program:  

- Graduate Certificate  
- Graduate Diploma  
- Master (Coursework)  
- Master (Research)  
- MPSY Master of Psychiatry: Year 1  
- Year 2  
- Year 3  
- Degree Non-Degree  

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Semester</th>
</tr>
</thead>
</table>

Please list intended core or elective units. Students may enrol in 1 or 2 units per semester. Every effort will be made to place you in the unit(s) of your choice subject to availability Not all units are available in both Semester 1 and 2 and are subject to suitable enrolment numbers. Please refer to our website for Unit Codes and Titles.  

### Other Information

How did you find out about this course?  
- Colleague  
- Institute Brochure  
- Institute eFlyer  
- Journal Ad  
- Notices  
- Website  
- Work  
- Other:  

Reasons Applying for this course:  
- Increase Knowledge  
- Professional Development  
- Postgraduate Qualifications  
- Change in Position  
- Consumer / Carer Training  
- Improve Skills  
- Other:  

### Agreement

Please sign below to indicate you have read and concur with the ‘NSW Institute of Psychiatry Fee Policy’  
(http://www.nswiop.nsw.edu.au/current-students/stdnt-fee-policy)  

Signature of applicant:  

Date:  

Applicants are asked to answer all questions where possible. Failure to answer some questions may result in a delay of the application being processed.
Fees are payable in advance i.e. two weeks prior to course commencement. All students are encouraged to read the Student Fee Policy available at the NSWIOP website: www.nswiop.nsw.edu.au/current-students/stdnt-fee-policy

**International students**

All fees advertised in this handbook are for students residing in Australia and New Zealand only.

**Issue of invoices and unpaid fees**

In case of third party invoicing: it is still student responsibility to ensure that fees are paid on or before the advertised date. Collection of unpaid fees: in the event of failure to pay, students with outstanding fees who have received notification of the amount owing will be referred to the appropriate debt recovery agency for recovery action. Please note that students will be liable for recovery costs incurred.

**Withdrawal from a unit / course**

Notification of a student’s intention to withdraw either before or after the commencement of a unit / course must be made in writing to the Director. Withdrawal by telephone or by implication is not acceptable under any circumstances.

A withdrawal fee of 20% of the Full Fee for the unit / course will apply if an applicant withdraws an application with less than five (5) working days' notice prior to the unit course commencement.

Students who withdraw from a unit / course after the commencement of the unit / course, will be liable for fees charged at a pro-rata rate on the fee for the unit / course from the commencement date to the date of receipt of notice plus a 20% administration fee on the fee for the unit /course.

A student’s failure to inform NSWIOP in writing of the student’s intention to withdraw from a unit / course before they cease attending the program will lead to the student being liable for the Full Fee. All calculations of any fee refund or further payment will be based on the Full Fee for the unit / course. All unit / course materials must be returned to the NSWIOP with the notification of withdrawal otherwise the student will be liable for full unit / course fees. When returned unit materials are received, any refund due will be made in accordance with the conditions above.

**Deferment of unit / course**

Notification of a student's intention to defer a unit / course either before or after the commencement of a unit / course must be made in writing to the Director of Education and Training. Deferment by telephone or by implication is not acceptable under any circumstances.

Students who defer from a unit / course with less than five (5) working days' notice prior to the commencement of the unit / course will be liable for a deferment fee of 20% of the fee for the unit / course.

Students who defer from a unit / course after the commencement of the unit / course will be liable for fees charged at a pro-rata rate of the fee for the unit / course from the commencement date to the date of receipt of notice plus a 20% administration fee on the fee for the unit /course. The balance if any of fees paid in advance will be refunded. Please note that the administration fee is non-refundable.
For additional information, please contact:

Master of Psychiatry / Postgraduate Course in Psychiatry
T +61 2 9840 3833
F +61 2 9840 3838
E psychiatry-eso@nswiop.nsw.edu.au

Course Coordinator:
Dr Amanda Rosso Buckton
amanda.rossobuckton@nswiop.nsw.edu.au

Applications Close:
Semester 1 – 18 January 2016 (Monday)
Semester 2 – 4 July 2016 (Monday)

Late applications may be accepted after discussion with Course Coordinator.

Commencing Semesters:
Semester 1 – 1 February 2016 (Monday)
Semester 2 – 18 July 2016 (Monday)
Each semester consists of approximately 19 teaching weeks. Dates are confirmed upon enrolment.

Orientation Day:
2 February 2016 (Tuesday)

Location:
NSW Institute of Psychiatry,
Cumberland Hospital East Campus
5 Fleet Street,
North Parramatta NSW 2151
VISION

A World class workforce for NSW and beyond that supports journeys of recovery and better mental health through partnerships across individuals, families, carers, practitioners and communities.

MISSION

Through quality education and training enable improvements to the mental health and wellbeing of people in NSW and beyond and the lives of those who work with them.

References: